



Southern Association of Cardiovascular and Pulmonary Rehabilitation

E-Newsletter

February 2019

Annual Spring Conference Issue

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SACPR is a Joint Affiliate Member of the American Association for Cardiovascular and Pulmonary Rehabilitation

AACVPR Website

<http://www.aacvpr.org>

Contact Us/SACPR

<http://www.sacpr.com>

SACPR Annual Spring Conference Friday, April 5th, 2019

Make your plans to join SACPR in Montgomery, AL and our host will be Baptist Medical Center!!



Location: Baptist South Campus:
Baptist Business Building, 2001 East South Blvd. 36116
At the Corner of E. South Boulevard and Narrow Lane Road.

Continuing Education Credits pending approval for approx. 8 nursing hours.
MUST be Present for the ENTIRE conference to receive CEU's.
Provided by: Baptist Medical Center's Education Department

Registration/Check-in and Breakfast at 7am 7a-4:45p

Conference Registration Information

Registration for conference is available online!!

Go to www.SACPR.org click on: Spring Conference 2019 (under EVENTS)
Click on "REGISTER NOW"

"GO LIVE" Web Registration is Monday, February 4th

"Early Bird" Special Conference Price: \$75
Must Register and Pay by March 22ND

After March 22nd Conference Fees: \$100
\$25 Student Fee (Copy of Student ID required with application)
Conference Fees Includes Conference and CEUs

YOU MUST be Present for the ENTIRE conference to receive CEU's!!!

Conference Registration Form is attached for mailed registrations

Conference Line Up of Speakers!

Keynote Speaker:

Karen Lui RN, MS, Master FAACVPR GRQ Consulting, LLC

Improving Our Programs-A Ride that Never Ends

Karen Lui has a BSN and Master's Degree in exercise physiology from UW-LaCrosse. She directed hospital-based cardiac rehabilitation programs and cardiology practice-based cardiac rehab programs until 2006 when she joined GRQ as a legislative/regulatory analyst for AACVPR. She served on the AACVPR Board of Directors, including President and has chaired several committees, including Health & Public Policy Committee and Professional Certification Commission. Karen currently chairs the AACVPR-MAC Liaison Task Force. In addition to several publications, she is a contributor to the Million Hearts Change Package, and is very active as presenter on various cardiac and pulmonary issues throughout the country.

Amy Knight PhD Assistant Professor and Director of Psychology Services,
Spain Rehabilitation Center, UAB

Practical Application of Motivational Interviewing and Cognitive Behavior

William Saliski MD Pulmonologist, Medical Director of Pulmonary Rehabilitation
Baptist Health, Montgomery Pulmonary Consultants

Management Strategies of Lung Disease

Kathe Briggs MS EP Exercise Physiologist, Director of Cardiac Rehab,
East Alabama Medical Center, Opelika

Million Hearts - Program Action Strategies and Implementation

David Franco MD Pulmonologist, Private Practice, Montgomery, AL

Physiology of the Cough, Research and Treatment

Michael R. Esco, PhD Assistant Professor of Exercise Science
University of Alabama, Dept. of Kinesiology

Physiology of Exercise Conditioning, Heart Rate Variability, and Application to Cardiac and Pulmonary Rehab Population

Kelly Benson, RN Director, Community Case Management and Baptist Center
for WellBeing. Baptist Health

Bundled Care: A look at Management and Importance to Decreasing Hospital Readmissions

Panel Discussion Session: Topics to include

- 1. Pulmonary Rehab – Management, Coding, O2 Delivery/Titration***
- 2. Program Certification/Recertification***
- 3. Cardiac/Pulmonary ITP – Development and Maintenance***
- 4. Exercise Prescription***
- 5. Million Hearts strategies for Cardiac/Pulmonary Rehab***

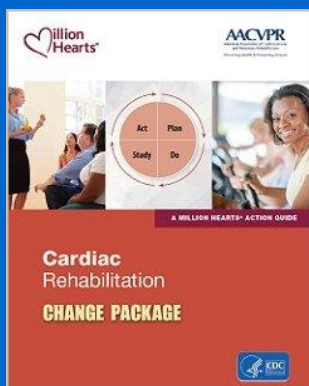
An email will be sent to all pre-registrants prior to conference to submit questions for our Panel Discussion Session. Please bring questions with you, too.

We look forward to seeing You in Montgomery!

Our conference keynote, Karen Lui, will share insights into the development of the Million Hearts Change Package and practical applications to implement strategies.



The Cardiac Rehabilitation Change Package was completed by the Centers for Disease Control and Prevention (CDC) in collaboration with the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) with the purpose of helping cardiac rehabilitation programs, hospital quality improvement teams, and public health professionals who partner with these groups to implement systems and strategies that improve care for patients who are eligible for cardiac rehabilitation.



All SACPR conference attendees will receive a copy of the Change Package.

SPONSORS



MONTGOMERY

**CARDIAC AND
PULMONARY
REHABILITATION
DEPARTMENTS**



www.WELCHALLYN.com



www.ScottCare.com



www.lsi-medical.com

Hotel Accommodations



Drury Inn and Suites 5 miles from Baptist Medical Center
1124 Eastern Blvd

Montgomery, AL 36117

Website/Link: www.druryhotels.com 1-800-325-0720

Group Conference rate: Block Code/Number = SACPR/2366355

\$139.00 for queen/queen rooms, plus state/local taxes & fees

\$129.00 for king rooms, plus state/local taxes & fees

(This rate is valid through Monday, March 4, 2019)

Group rates include: **Free parking. Free Wi-Fi Business/Fitness Center**

- Free Hot/Cold Breakfast Bar- Served daily from 6–9:30 a.m. daily.
- Free Evening Drinks and Snacks* - From 5:30–7 p.m. every evening.



Embassy Suites by Hilton in Downtown Montgomery

300 Tallapoosa Street

Montgomery, AL 36104

334-269-5055

Group Code: SAC. Call 334-551-4038 directly to hotel to book

\$139.00, Two room suites, queen/queen plus state/taxes & fees

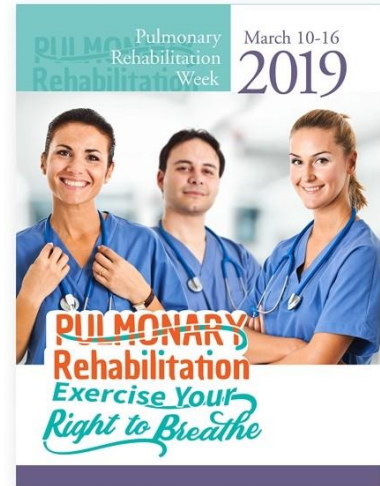
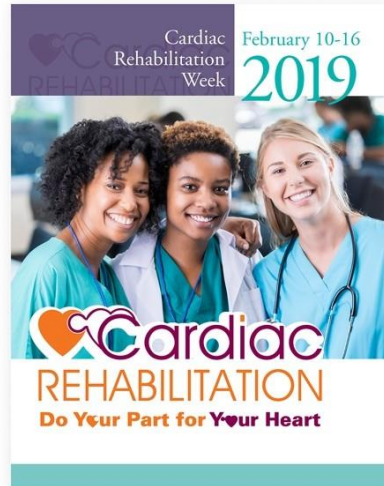
This rate is valid through Monday, March 4, 2019

Embassy Suites by Hilton Montgomery Hotel & Conference Ctr places you in the heart of Montgomery, a 15-minute walk of Rosa Parks Museum, Supreme Court of Alabama, Dexter Avenue Baptist Church and Civil Rights Memorial.

SPONSORS



Celebrate Cardiac and Pulmonary Rehabilitation Weeks 2019



Directions to Baptist Medical Center South Campus and Parking

From I-65:

South: Take the US-80 E/US-82 E/South Boulevard exit, EXIT 168. Turn left and go 3 miles.

North: Traveling on I-65 North: Turn right onto South Boulevard and go 3 miles. Turn left onto Narrow Lane Rd. Turn right on Normandie Drive. Go to 4-way stop, turn right and proceed straight to parking on right.

From I-85:

East: Take the US-80/US-231/AL-21/East Blvd exit, EXIT 6. Turn left onto Eastern Blvd and go 6 miles.

West: Take the US-80/US-231/AL-21/East Blvd exit, EXIT 6. Turn right onto Eastern Blvd and go 6 miles. Turn right onto Narrow Lane Rd. and turn right on Normandie Drive. Go to 4-way stop, turn right and proceed straight to parking on right.

Questions

For questions or details, please call Samuel Sneed-334-528-1694 or Anita Jones-334-747-7727

2019 SACPR Conference Application
Baptist Business Building, Baptist Health
2001 East South Blvd, Montgomery, AL 36116
Friday, April 5th, 2019

Date of Application: _____

Name: _____ Facility: _____

Address for directory: _____ City: _____ State: _____ Zip: _____

Phone for directory list: _____ Fax: _____

Email for newsletters: (print clearly) _____

Discipline:

EP RN RT PT OT

Dietitian Physician

Other (please specify): _____

Area of Clinical Practice: Wellness/Prevention

Cardiovascular Inpatient Outpatient

Pulmonary Inpatient Outpatient

Other (please specify): _____

*Please select **one** of the payment dates below:*

“EARLY BIRD”: CONFERENCE FEE

Conference Fee **\$75**
 Conference and CEU’s
 (Must be present for the entire day to receive CEU credit)

Student Conference Fee **\$25**
 Conference and CEU’s
 (Copy of student ID required, submit with application)

Current 2019-2020 Board Member Fee **\$25**
 Conference and CEU’s

***ALL CONFERENCE FEES MUST BE PAID AND RECEIVED BY**
Friday, March 22, 2019 FOR “EARLY BIRD”

Payment Method:

Registration and PAYPAL at www.SACPR.org

Mail printed registration along with check/money order to SACPR Treasurer (see address below)

AFTER MARCH 22: CONFERENCE FEE

Conference Fee **\$100**
 Conference and CEU’s
 (Must be present for the entire day to receive CEU credit)

Student Conference Fee **\$25**
 Conference and CEU’s
 (Copy of student ID required, submit with application)

Current 2019-2020 Board Member Fee **\$25**
 Conference and CEU’s

Payment Method:

Registration and PAYPAL at www.SACPR.org until Wednesday, April 3, 2019

Mail printed registration along with check/money order to SACPR Treasurer (see address below)

Please mail this application and check or money order payable to SACPR to:

Lori Walters
 715 Randolph Avenue
 Huntsville, AL 35801
 Phone: 256-265-7143 Fax: 256-265-7090

Note: This application is only for the SACPR Annual Conference. It does not include membership to SACPR or AACVPR.